



Pacific Medical Training
 3103 Philmont Ave, Suite 308
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 1-800-417-1748

**ADULT, CHILD, AND INFANT CPR, FIRST AID, and AED COURSE
 PROVIDER SKILLS VERIFICATION FORM**

After completing Pacific Medical Training’s online Adult, Child, and Infant CPR, First Aid, and AED course, email this completed form with your instructor’s BLS instructor credential to support@pacificmedicaltraining.com. The instructor must hold a valid American Heart Association instructor credential. They will initial each area that has been successfully completed. Please note that the instructor does NOT issue you a new card. Your Pacific Medical Training Adult, Child, and Infant CPR, First Aid, and AED card is issued directly from Pacific Medical Training.

Basic Cardiac Life Support for an ADULT

SKILL	PASS	Requires Remediation
Recognize lack of normal breathing and pulse <ul style="list-style-type: none"> • Activate the EMS or internal emergency system • Either get or send someone to get the AED • Perform compressions while AED charges 		
Initiate compressions at a rate of 100–120/min <ul style="list-style-type: none"> • Compress the chest at least 2 inches • Allow complete chest recoil • Change compressors every 2 minutes 		
Open the airway using the head tilt/chin lift <ul style="list-style-type: none"> • Ventilate successfully using a ratio of 30:2 		
Attach and utilize the AED as soon as it arrives <ul style="list-style-type: none"> • Continue compressions while the AED charges • Initiate compressions immediately following shock • Clear for shock 		

Basic Cardiac Life Support skills testing for a CHILD

SKILL	PASS	Requires Remediation
Recognize lack of normal breathing and pulse <ul style="list-style-type: none"> • Activate the EMS or internal emergency system • If someone is available, send them to get the AED • If no one is available, begin steps of CPR for 2 minutes, then retrieve the AED 		
Initiate compressions at a rate of 100–120/min <ul style="list-style-type: none"> • Compress the chest at least 1/3 the depth of the chest wall utilizing one hand or two hands depending on the size of the victim • Allow complete chest recoil • Change compressors every 2 minutes 		

<p>Open the airway using the head tilt/chin lift</p> <ul style="list-style-type: none"> • Ventilate successfully using a ratio of 30:2 • If two rescuers are present change the ratio to 15:2 		
<p>Attach and utilize the AED immediately when it becomes available</p> <ul style="list-style-type: none"> • Place the AED pads according to pictures on the pads • Continue compressions throughout except when advised by AED • If a shock is advised, immediately resume compressions while the AED charges <ul style="list-style-type: none"> - Clear the patient - Push the Shock button - Initiate compressions immediately following the shock • Check for pulse and alternate rescuer doing compressions every 2 minutes 		

Basic Cardiac Life Support skills testing for an INFANT

SKILL	PASS	Requires Remediation
<p>Recognize lack of normal breathing and pulse</p> <ul style="list-style-type: none"> • Tap or flick the feet to establish responsiveness • Activate the EMS or internal emergency system • If someone is available, send them to get the AED • If no one is available, begin steps of CPR for 2 minutes, then retrieve the AED 		
<p>Initiate compressions at a rate of 100–120/min</p> <ul style="list-style-type: none"> • Compress the chest at least 1/3 the depth of the chest wall utilizing two fingers just below the nipple line or two thumbs side by side encircling the chest wall with your hand • Allow complete chest recoil • Change compressors every 2 minutes 		
<p>Open the airway using the head tilt/chin lift or cover the mouth and nose with your mouth</p> <ul style="list-style-type: none"> • Ventilate successfully using a ratio of 30:2 • If two rescuers are present change the ratio to 15:2 		
<p>Attach and utilize the AED immediately when it becomes available</p> <ul style="list-style-type: none"> • Choose pediatric pads, if available. If not recognize that adult pads may be used • Place the AED pads according to pictures on the pads • Continue compressions throughout except when advised by AED • If shock is advised, immediately resume compressions while the AED charges 		

<ul style="list-style-type: none"> - Clear the patient - Push the Shock button - Initiate compressions immediately following the shock • If no shock is advised, resume chest compressions for 2 minutes • Check for pulse and alternate rescuer doing compressions every 2 minutes 		
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The above information is accurate to the best of my knowledge. The INSTRUCTOR holds a valid American Heart Association BLS instructor credential. The STUDENT has successfully demonstrated the skills listed above.

STUDENT <hr/> Name	<hr/> Signature	<hr/> Date
<hr/> State and license number		

INSTRUCTOR <hr/> Name	<hr/> Signature	<hr/> Date
<hr/> Profession	<hr/> Specialty	