

Basic life support + first aid for healthcare providers 2020 course

Introduction

SECTION 1: Foundational concepts of BCLS

SECTION 2: Response to an adult in cardiac arrest

SECTION 3: Basic life support for infants and children

SECTION 4: Automated external defibrillation in infants and children

SECTION 5: Preventing cardiac arrest

SECTION 6: First aid for adults

SECTION 7: First aid for children

Activity summary

- Activity Title: Basic life support (BLS) & first aid (Cardiopulmonary resuscitation (CPR), automated external defibrillator (AED), and first aid)
- Release date: 2021-06-01
- Expiration date: 2024-06-01
- Estimated time to complete activity: 8 hours
- This course is accessible with any web browser.
- This course is jointly provided by Pacific Medical Training and Postgraduate Institute for Medicine (PIM). You may reach PIM at inquiries@pimed.com

Target audience

This activity has been designed to meet the educational needs of physicians, physician assistants, nurse practitioners, registered nurses, pharmacists and dentists involved in the care of patients who require cardiopulmonary resuscitation, automated external defibrillation, or first aid.

Educational objectives

After completing this activity, the participant should be better able to:

- Explain the change in emphasis from airway and ventilation to compressions and perfusion.
- Select the correct order of interventions for the victim of cardiopulmonary arrest.
- List the steps required to safely operate an AED.
- Differentiate between adult and pediatric guidelines for CPR.
- Explain how to apply the various first aid interventions.
- Describe how to apply the various pediatric first aid interventions.
- Recognize the signs of someone needing CPR.
- Perform high-quality CPR for an adult.
- Perform high-quality CPR for a child.
- Perform high-quality CPR for an infant.
- Demonstrate the appropriate use of an AED.
- Provide effective ventilation by using a barrier device.
- Describe the importance of teams in multi-rescuer resuscitation.
- Perform as an effective team member during multi-rescuer CPR.
- Describe the technique for relief of foreign-body airway obstruction for an adult or child.
- Describe the technique for relief of foreign-body airway obstruction for an infant.

Faculty

- Judith Haluka, EMT-Paramedic – State of Pennsylvania

Joint Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and Pacific Medical Training. Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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INTERPROFESSIONAL CONTINUING EDUCATION

Physician continuing medical education

The Postgraduate Institute for Medicine designates this enduring material for a maximum of 8.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacist continuing education

Postgraduate Institute for Medicine designates this continuing education (CE) activity for 8 contact hours or 0.8 continuing education units (CEUs) of the Accreditation Council for Pharmacy Education.

Universal Activity Number – JA4008162-9999-21-2791-H01-P

Type of Activity – Application

Nursing continuing education

The maximum number of hours awarded for this continuing nursing education activity is 8.0 contact hours.

Dentist continuing education

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Postgraduate Institute for Medicine designates this activity for 8 continuing education credits.

Concerns or complaints about a CE provider may be directed to the provider, or to the Commission for Continuing Education Provider Recognition at ADA.org/CERP.

Disclosure of conflicts of interest

Postgraduate Institute for Medicine (PIM) requires faculty, planners, and others in control of educational content to disclose all their financial relationships with ineligible companies. All identified conflicts of interest (COI) are thoroughly vetted and mitigated according to PIM policy. PIM is committed to providing its learners with high quality accredited continuing education activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of an ineligible company.

The faculty reported the following relevant financial relationships with ineligible entities related to the educational content of this CE activity:

- Judith Haluka — Has no real or apparent conflicts of interest to report.

The PIM planners and managers have nothing to disclose. The Pacific Medical Training planners and managers have nothing to disclose.

Method of participation and request for credit

During the period 2021-06-01 through 2024-06-01 participants must read the learning objectives and faculty disclosures and study the educational activity.

Your CME certificate will be available online after completing a post-course evaluation, and achieving a score of 84% or better.

For Pharmacists: Upon successfully completing the post-test with a score of 84% or better and the activity evaluation form, transcript information will be sent to the National Association of Boards of Pharmacy (NABP) Continuing Pharmacy Education (CPE) Monitor® Service within 60 days.

Media

Internet

Disclosure of unlabeled use

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the Food and Drug Administration (FDA). The planners of this activity do not recommend the use of any agent outside of the labeled indications.

The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

Disclaimer

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications and/or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.