

# Basic Life Support + First Aid for Healthcare Providers 2016 Course

## Introduction

SECTION 1: Summary of Current American Heart Association Guidelines

SECTION 2: Basic Life Support for Adults

SECTION 3: Automated External Defibrillator

SECTION 4: Basic Life Support for Children

SECTION 5: First Aid for Adults

SECTION 6: First Aid for Children

## Activity Summary

- Activity Title: Basic Life Support (BLS) & First Aid (Cardiopulmonary Resuscitation (CPR), Automated External Defibrillator (AED), and First Aid)
- Release date: 2018-06-01
- Expiration date: 2021-06-01
- Estimated time to complete activity: 8 hours
- This course is accessible with any web browser. We recommend recent versions of Google Chrome, Internet Explorer 9 and later, or Apple iPad.
- This course is jointly provided by Pacific Medical Training and Postgraduate Institute for Medicine (PIM). You may reach PIM at [inquiries@pimed.com](mailto:inquiries@pimed.com).

## Target Audience

This activity has been designed to meet the educational needs of physicians, physician assistants, nurse practitioners, registered nurses, pharmacists and dentists involved in the care of patients who require advanced life support.

## Educational Objectives

After completing this activity, the participant should be better able to:

- Explain the change in emphasis from airway and ventilation to compressions and perfusion.

- Select the correct order of interventions for the victim of cardiopulmonary arrest.
- List the steps required to safely operate an AED.
- Differentiate between adult and pediatric guidelines for CPR.
- Explain how to apply the various first aid interventions.
- Describe how to apply the various pediatric first aid interventions.
- Recognize the signs of someone needing CPR.
- Perform high-quality CPR for an adult.
- Perform high-quality CPR for a child.
- Perform high-quality CPR for an infant.
- Demonstrate the appropriate use of an AED.
- Provide effective ventilation by using a barrier device.
- Describe the importance of teams in multi-rescuer resuscitation.
- Perform as an effective team member during multi-rescuer CPR.
- Describe the technique for relief of foreign-body airway obstruction for an adult or child.
- Describe the technique for relief of foreign-body airway obstruction for an infant.

## Faculty

- Judith Haluka, EMT-Paramedic – State of Pennsylvania
- Dr. Waqar-UI-Haq Shafaat, MD

## Joint Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and Pacific Medical Training. Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



JOINTLY ACCREDITED PROVIDER™

INTERPROFESSIONAL CONTINUING EDUCATION

## Physician Continuing Medical Education

The Postgraduate Institute for Medicine designates this enduring material for a maximum of 8.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Pharmacist Continuing Education

### Credit Designation

Postgraduate Institute for Medicine designates this continuing education (CE) activity for 8 contact hour(s) or 0.8 continuing education units (CEUs) of the Accreditation Council for Pharmacy Education.

Universal Activity Number – JA4008162-9999-18-139-H01-P

### Type of Activity

### Application

## Nursing Continuing Education

### Credit Designation

The maximum number of hours awarded for this Continuing Nursing Education activity is 8.0 contact hours.

## Dentist Continuing Education

This continuing education activity has been planned and implemented in accordance with the standards of the American Dental Association Continuing Education

Recognition Program (ADA CERP) through joint providership efforts between Postgraduate Institute for Medicine and Pacific Medical Training.

Postgraduate Institute for Medicine is an ADA CERP Recognized Provider.

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of the credit hours by boards of dentistry.

Postgraduate Institute for Medicine designates this activity for 8 continuing education credits.

Concerns or complaints about a CE Provider may be directed to the provider or to ADA CERP at [www.ada.org/cerp](http://www.ada.org/cerp).

## Disclosure of Conflicts of Interest

Postgraduate Institute for Medicine requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest (COI) they may have as related to the content of this activity. All identified COI are thoroughly vetted and resolved according to PIM policy. PIM is committed to providing its learners with high quality continuing medical education (CME) activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of a commercial interest.

The faculty reported the following financial relationships or relationships to products or devices they or their spouse/life partner have with commercial interests related to the content of this CME activity:

- Judith Haluka – Has no real or apparent conflicts of interest to report
- Waqar-ul-Haq Shafaat, MD – Has no real or apparent conflicts of interest to report.

The PIM planners and managers have nothing to disclose. The Pacific Medical Training planners and managers have nothing to disclose.

## Method of Participation and Request for Credit

During the period 2018-06-01 through 2021-06-01 participants must read the learning objectives and faculty disclosures and study the educational activity.

Your CME certificate will be available online after completing a post-course evaluation, and achieving a score of 84% or better.

For Pharmacists: Upon successfully completing the post-test with a score of 84% or better and the activity evaluation form, transcript information will be sent to the National Association of Boards of Pharmacy (NABP) Continuing Pharmacy Education (CPE) Monitor ® Service within 4 weeks.

## Media

Internet

## Disclosure of Unlabeled Use

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the Food and Drug Administration (FDA). The planners of this activity do not recommend the use of any agent outside of the labeled indications.

The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

## Disclaimer

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications and/or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.